

Climate and sustainability action week

A NON CREDITED EPFL-UNIL SUMMER SCHOOL COCREATED AND CO-FACILITATED BY STUDENTS AND STAFF

IN BRIEF

- **Why?** empower students to become change agents by providing them with practices and tools for self-awareness, collaboration and system change
- **When?** the week preceding the academic start
- **Where?** 2 days on campus, 3 days in a chalet in the Jura
- **For whom?** 30 EPFL and UNIL students from all faculties and levels

KEY POINTS

- **Pedagogy:** experiential, collaborative, head-heart-hand
- **Red thread:** based on the Theory U (a methodology and process for societal transformation developed by MIT researcher Otto Scharmer)
- **Continuation:** peer coaching groups and workshops given by CSAW alumni
- **Impact:** Community building, multiplication of student involvement in associations., propulsion in sustainable professional positions.



A STUDENT-STAFF CO-CREATION PROCESS

APRIL-MAY (8H)

3 meetings with all 10 co-creators to align ourselves on the overall program and create tandems responsible for each half-day workshop

MAY-JULY (~ 20H)

Tandems self-organize to design their half-day workshop and test their workshop with other co-creators

SEPTEMBER (8H+ 40H)

1 full day preparation with all co-creators to run through the program
5 days of co-facilitation of the CSAW

PARTICIPANT TESTIMONIALS

"I understood that we were here together to collaborate and not to judge, challenge or anything negative."

"I felt free to be myself. For once in my studies I had the impression that I could really progress as a person but also and above all with others [...] It was also very liberating not to feel alone".

COCREATOR TESTIMONIALS

"My level of commitment went from 0 or almost to a lot 😊"

"I saw people who didn't know each other learn to do so in the space of just a few days, in a hyper-beneficial and benevolent setting."

"Some CSAW participants have joined associations, most if not all participants have seen a horizon of possibilities open up to them"

THE PROGRAM

MONDAY CO-INITIATING

- Create a safe space and a bonded group
- Develop a common understanding of strong sustainability issues

TUESDAY CO-SENSING

- Immerse in the forest to observe the interdependence of the living
- Explore our emotions about the state of the world

WEDNESDAY PRESENCING

- Open up to one's personal and professional path of commitment
- Support each other with collective intelligence

FRIDAY CO-EVOLVING

- Prototype the mini team project
- Celebrate and prepare the continuation

THURSDAY CO-CREATING

- Imagine new perspectives
- Crystalize a mini team project

